

## Did you know?

- Colorectal cancer can be a silent disease until the cancer has spread and has become difficult to cure
- It is the 3rd leading cancer site among males and 4th among females

*When in doubt,  
consult your  
friendly surgeon\**



\* A surgeon who is a Fellow of the **Philippine College of Surgeons** has undergone accredited surgical residency training and passed certifying board exams.

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PHILIPPINE COLLEGE OF  
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# Colorectal CANCER



## Risk Factors

- Family history of breast, uterine or ovarian cancer
- History of extensive inflammatory bowel disease.
- Neoplastic polyps are the main precursors of colorectal cancer.

## Symptoms



- Recurrent diarrhea or constipation
- Bloody stools
- Stomach discomfort (Bloating or Cramps)
- Decreased size of stools
- Unexplained weight loss

*People who have these symptoms should see their doctor immediately.*

## Screening

- Blood in the stool (Fecal Occult Blood Test) can be checked
- Sigmoidoscopy and colonoscopy can be done on regular basis
- A simple Digital Rectal Exam can also be performed by your doctor

## Treatment

- Surgery is the mainstay of treatment
- Chemotherapy and/or radiation may be needed

