

Quick HITS

- < 4% of all cancers is from the oral cavity
- < Oral cavity cancers may cause severe functional and cosmetic disabilities
- < Complications of oral cavity cancer can be prevented by early consultation and detection
- < Survival rate is low when discovered late

*When in doubt,
consult your
friendly surgeon**



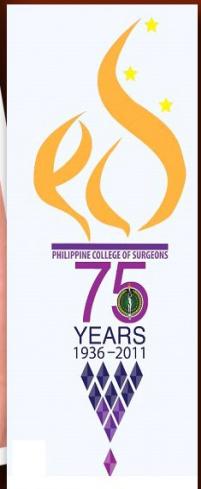
* A surgeon who is a Fellow of the **Philippine College of Surgeons** has undergone accredited surgical residency training and passed certifying board exams.

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PHILIPPINE COLLEGE OF
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**OPEN YOUR
MOUTH
AND MIND TOO...**
**A Must-Know Guide on
Oral Cavity Cancer**



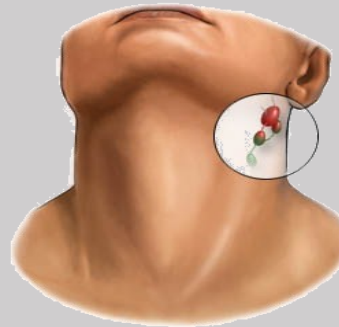
Want to take a risk?

- ◁ **Smoking and alcohol** individually increases the risk of developing oral cancers by **6x**
- ◁ **Combined alcohol and smoking** increases the risk by **100x**
- ◁ Betel nut chewing, reverse smoking and poor hygiene also increase the risk
- ◁ When discovered late patient survival is low

Watch out for the signs



- ◁ Oral sores/ulcers that does not heal
- ◁ Whitish patch, mass, or lump in the oral cavity area



- ◁ Enlarged lymph nodes

If I have it, what now?

Treatment options for oral cavity cancer include:

- ◁ **Surgery** as primary treatment
- ◁ **Radiotherapy**
- ◁ **Chemotherapy**

