

# Quick HITS

- < 4% of all cancers is from the oral cavity
- < Oral cavity cancers may cause severe functional and cosmetic disabilities
- < Complications of oral cavity cancer can be prevented by early consultation and detection
- < Survival rate is low when discovered late

*When in doubt,  
consult your  
friendly surgeon\**



\* A surgeon who is a Fellow of the **Philippine College of Surgeons** has undergone accredited surgical residency training and passed certifying board exams.

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**OPEN YOUR  
MOUTH  
AND MIND TOO...**  
A Must-Know Guide on  
Oral Cavity Cancer



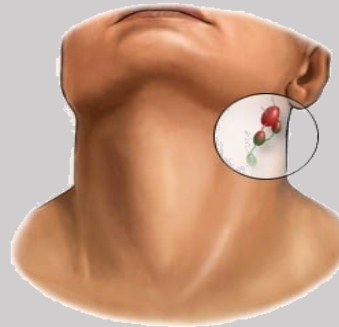
# Want to take a risk?

- ◁ **Smoking and alcohol** individually increases the risk of developing oral cancers by **6x**
- ◁ **Combined alcohol and smoking** increases the risk by **100x**
- ◁ Betel nut chewing, reverse smoking and poor hygiene also increase the risk
- ◁ When discovered late patient survival is low

# Watch out for the signs



- ◁ Oral sores/ulcers that does not heal
- ◁ Whitish patch, mass, or lump in the oral cavity area



- ◁ Enlarged lymph nodes

# If I have it, what now?

Treatment options for oral cavity cancer include:

- ◁ **Surgery** as primary treatment
- ◁ **Radiotherapy**
- ◁ **Chemotherapy**

