

# Quick HITS

- The most common type of primary liver cancer is hepatocellular carcinoma
- Liver cancer can be prevented by:
  - Vaccines
  - limiting alcohol and tobacco use,
  - treating chronic diseases like cirrhosis
- Liver cancer is curable when detected early

*When in doubt,  
consult your  
friendly surgeon\**



\* A surgeon who is a Fellow of the **Philippine College of Surgeons** has undergone accredited surgical residency training and passed certifying board exams.

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A Must Know Primer  
on Liver Cancer



## Know the risks

- Hepatitis B or C
- Cirrhosis
- Diabetes
- Cancer causing substances like aflatoxins which maybe found in some peanuts, wheat and soybeans
- Obesity



## Look for these signs



- Sudden unexplained weight loss



<http://eyemakeart.wordpress.com/2009/07/27/yellow-hepatitis-eyes/>

- Loss of appetite
- Mass on the upper abdomen



<http://int-prop.lf2.cuni.cz/zof/avysetreni/abricho.htm>

- Yellowish discoloration of skin and eyes
- Swollen veins on an enlarging abdomen

## Treatment options

- Surgery
- Radiation therapy
- Chemotherapy
- Others

