

Quick HITS

- 4% of all cancers is from the oral cavity
- Oral cavity cancers may cause severe functional and cosmetic disabilities
- Complications of oral cavity cancer can be prevented by early consultation and detection
- Survival rate is low when discovered late

*When in doubt,
consult your
friendly surgeon**



* A surgeon who is a Fellow of the **Philippine College of Surgeons** has undergone accredited surgical residency training and passed certifying board exams.

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PHILIPPINE COLLEGE OF
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**OPEN YOUR
MOUTH
AND MIND TOO...**
A Must-Know Guide on
Oral Cavity Cancer



Want to take a risk?

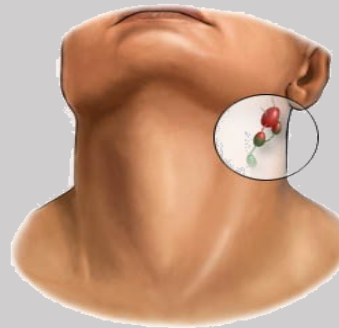
- **Smoking and alcohol** individually increases the risk of developing oral cancers by **6x**
- **Combined alcohol and smoking** increases the risk by **100x**
- Betel nut chewing, reverse smoking and poor hygiene also increase the risk
- When discovered late patient survival is low



Watch out for the signs



- Oral sores/ulcers that does not heal
- Whitish patch, mass, or lump in the oral cavity area



- Enlarged lymph nodes

If I have it, what now?

Treatment options for oral cavity cancer include:

- **Surgery** as primary treatment
- **Radiotherapy**
- **Chemotherapy**

