

Treatment

- Surgery
- Chemotherapy
- Radiotherapy

Prevention

- Low salt intake
- Avoid preserved food
- Eat more fruits and vegetables
- Stop smoking and avoid second-hand smoke

This brochure may be reproduced but should be distributed free of charge



Consult your surgeon



PHILIPPINE COLLEGE OF SURGEONS FOUNDATION, INC.

A surgeon who is a Fellow of the Philippine College of Surgeons had undergone accredited surgical residency training and passed certifying board exams.

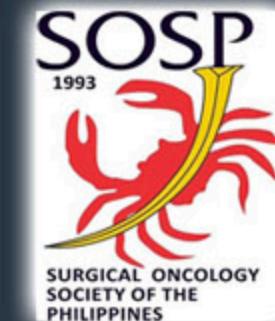
PHILIPPINE COLLEGE OF SURGEONS

4/F PCS Building, #992 EDSA, Quezon City

8927-4973 / 8928-1083 / 8929-2359

secretariat@pcs.org.ph

<https://www.pcs.org.ph>

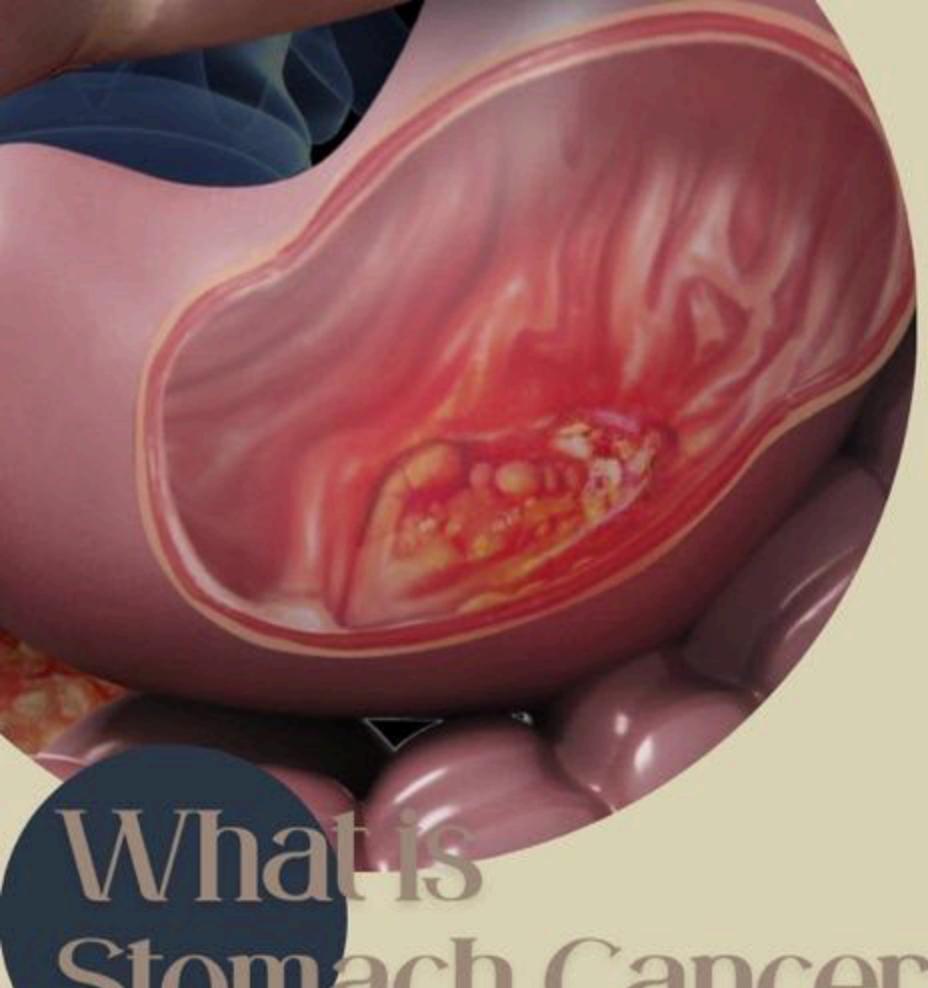


Surgical Oncology Society of the Philippines
and
Philippine College of Surgeons

GASTRIC CANCER



Year 2023

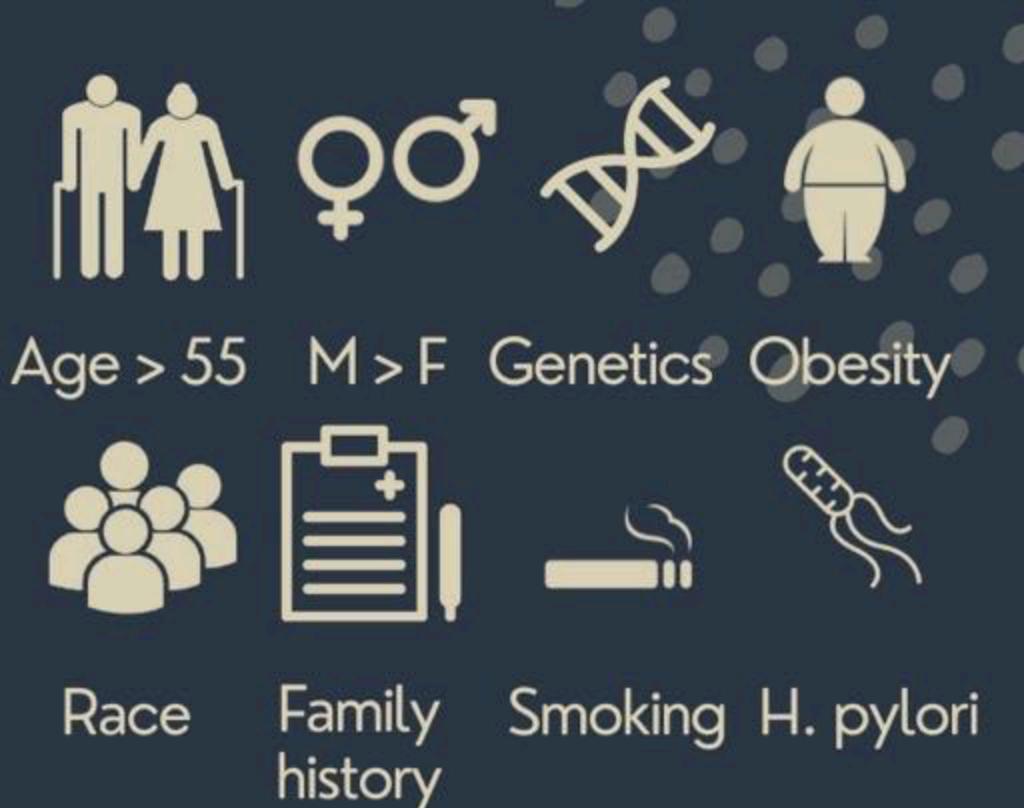


What is Stomach Cancer?

- Adenocarcinoma starts in the glandular cells of the stomach lining.
- Less common cancers that can start in the stomach include:
 - soft tissue sarcomas, including gastrointestinal stromal tumors (GISTs)
 - lymphomas, such as mucosa associated lymphoid tissue (MALT) lymphomas
 - carcinoid tumors.

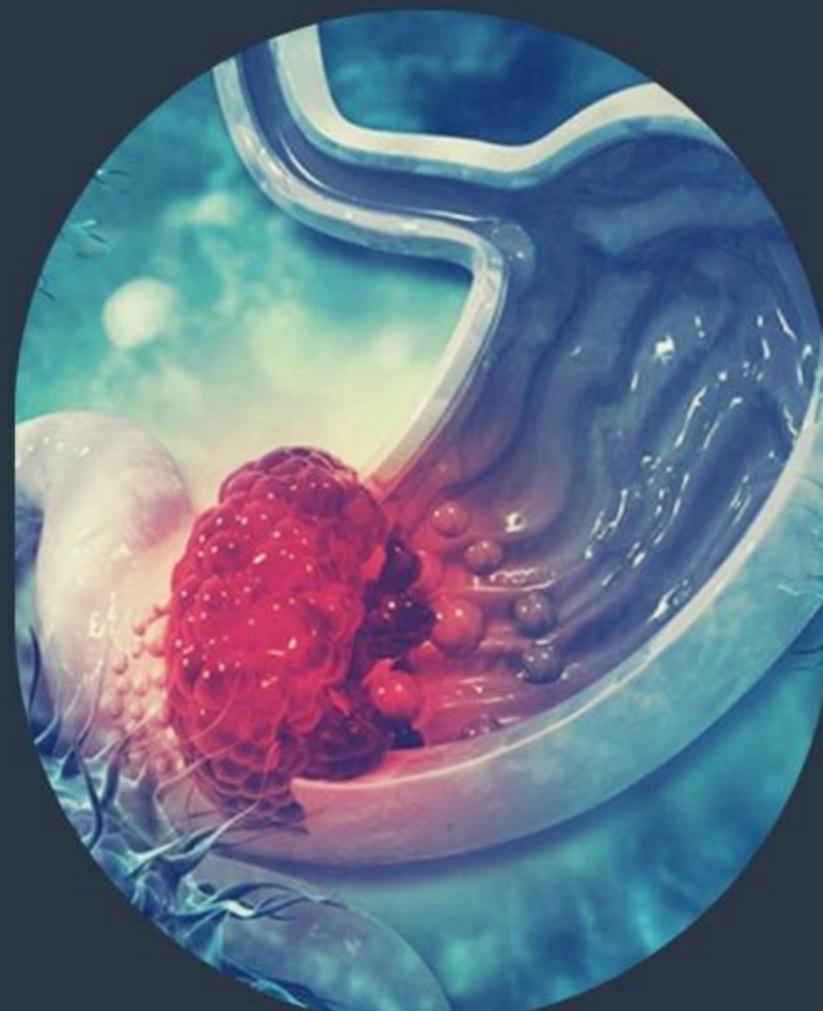
What causes it?

- Infection with Helicobacter pylori bacteria
- Diet high in salty and smoked foods
- Diet low in fruits and vegetables
- Family history
- Smoking



What to look for?

- Abdominal pain
- Nausea and vomiting
- Difficulty swallowing
- Weight loss
- Vomiting blood or blood in stools
- Bloatedness or early satiety



Diagnosis

- History
- Physical Examination
- Endoscopy
- Gastroscopy
- Biopsy