



## DID YOU KNOW?

...that prostate cancer is the 3rd most common cancer in Filipino males?

...that 8,242 cases of prostate cancer were recorded in the Philippines last 2020?

...that 6 out of 50 Filipino men are diagnosed with prostate cancer each year?



Philippine College of Surgeons Foundation, Inc.

## WHEN IN DOUBT, CONSULT YOUR FRIENDLY SURGEON\*

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✉ [secretariat@pcs.org.ph](mailto:secretariat@pcs.org.ph)

📞 (02) 89274973 /  
89292359 /  
9281083

📍 4/F PCS Building, #992  
Quezon City, Metro Manila

🌐 <http://www.pcs.org.ph>

\*A surgeon who is a Fellow of the Philippine College of Surgeons has undergone surgical residency training and passed certifying board exams.

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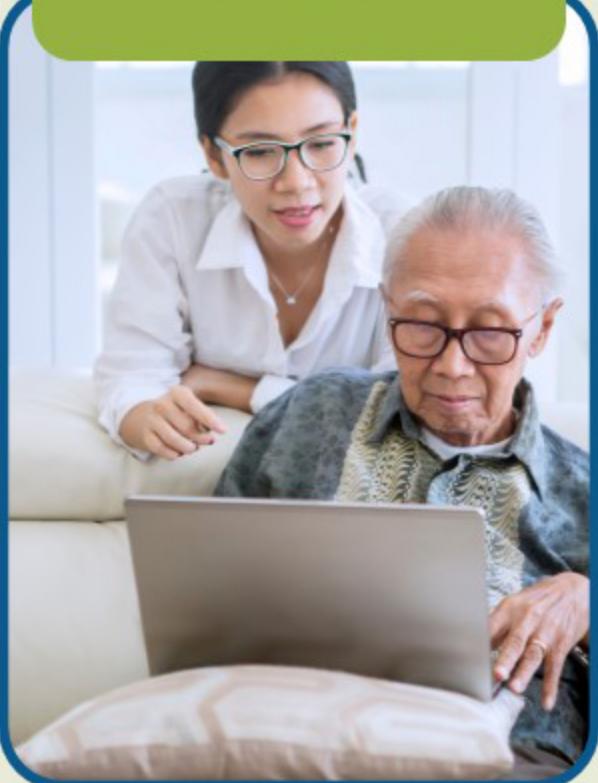
PROSTATE  
CANCER

Year 2023

# RISK FACTORS

- Men aged >50 years old
- 1st degree relative with prostate cancer
- African ancestry
- Genetic mutations

**Are you at risk  
for Prostate  
Cancer?**



## SIGNS & SYMPTOMS

Most are asymptomatic.

Some have:

- Decreasing flow of urine
- Frequent urination
- Pain during urination
- Blood in the urine

In advanced disease, some may have:

- Bone pains
- Inability to urinate



## DIAGNOSIS

- Digital Rectal Examination
- Serum Prostate Specific Antigen
- Biopsy of the Prostate



## Treatment

- Surgery
- Radiotherapy
- Hormonal Therapy
- Chemotherapy



In collaboration with the  
Philippine Urological Association  
<http://www.puaweb.org>